

Innovative Caring Solutions

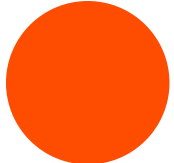




Welcome to our home!

Innova Care has recently completed a full renovation of Poplars Care Home in Braintree, Essex for people with learning disabilities including; Autism, Mental Health and complex challenging behaviour.

Residents have the opportunity to build life and social skills, as well as confidence through daily routines and interaction with other service users and staff within our Innova Care community. You also benefit from easy access to a wide range of community-based educational, work and leisure opportunities to help support your progress.



Residential

Poplars offer service users a residential care setting of the highest quality - including individual, en suite bedrooms within a safe, supportive environment. We also offer top quality support to people living with a physical disability or with an acquired brain injury. We provide person-centred services that are designed to support residents in living their best life and gaining greater independence.





Who we support

Poplars bungalow provides a safe, supportive environment where people with learning disabilities can progress along the pathway to independence. We are also able to support people living with a physical disability or an acquired brain injury.

At Innova Care, our person-centred care and support is focused on encouraging service users to take control over their own lives, through the decisions and choices they make. Our goal is to help you move forward in the way that works best for you.

This empowering approach includes ensuring that service users are fully involved in the decision-making about all aspects of the service, as well as in the residential care community itself.

The service may also be particularly suitable for students leaving a school or college, as it provides an opportunity for small groups of people who know and feel comfortable with each other to stay together. The smaller scale of our bungalow may be more appropriate for some service users than larger residential settings, particularly for young adults launching on the road towards independence as they leave home for the first time.





Our accommodation

The bungalow has four individual, en suite bedrooms and two bedrooms sharing one bathroom, providing service users with complete privacy, as and when required. We also encourage residents to personalise their bedrooms, which have appropriate locks for your personal space.

Communal space within the bungalow includes a lounge and dining area, kitchen and laundry room and is decorated and furnished to a high standard throughout. To support socialising, particularly during the summer months, there is a large garden providing a good outdoor space which is surrounded by fencing for privacy and security. The complex also has its own gate for additional security.

Our service is conveniently located for access to Braintree town centre and other nearby towns. Facilities include; shops, leisure and social venues, colleges, adult education centres, day centres and support groups for people with learning and physical disabilities.





Our approach

We encourage service users to live as independently as possible, to organise their own daily routines and to be able to make informed decisions about their lives and the way they live. Respect for the decisions, choices and dignity of our residents is at the heart of what we do.

We work with each service user and stakeholders to agree a bespoke person-centred plan, setting out a package of care and support designed to enable positive personal development. An important part of supporting our service users towards maximum independence is enabling access to education, work and volunteering opportunities, as well as hobbies, leisure and social activities, tailored to each individual's wishes and needs.

We want to help you to live your best life, the way you want to.



Get in touch using the contact details below for more information or to arrange to come for a visit. We look forward to meeting you.

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